

# Show someone you care.



## Spread your goodwill ... not your germs.

Did you know that you can pass the flu virus on to loved ones and daily contacts before you experience any symptoms?

Flu typically peaks in January and February. It's not too late to protect yourself and others.

## Get vaccinated!

Visit [www.FluSupplyNews.com](http://www.FluSupplyNews.com) to learn more, locate a clinic, and discover how a 10-minute test can detect the flu so you can help stop its spread.





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**85%** of Americans, including many healthy adults, are recommended to receive the flu vaccine each year.

- Influenza leads to 200,000 hospitalizations and 36,000 deaths every year.
- Flu vaccination should begin as soon as vaccine is available and continue throughout January, February and beyond.
- Annual vaccination protects against getting the flu and can make the illness milder if it is contracted.

*Source: U.S. Centers for Disease Control and Prevention*

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