

What is she getting for the holidays?

- | | |
|----------------------------------|---------------------------------------|
| <input type="checkbox"/> Dolls | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Books | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Clothes | <input type="checkbox"/> Muscle aches |
| <input type="checkbox"/> Toys | <input type="checkbox"/> Sore throat |

Most people get the flu in January and February.
You can spread the flu virus even before you feel sick.

Protect Yourself and Others.

- | | |
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| <input checked="" type="checkbox"/> Get vaccinated | <input checked="" type="checkbox"/> Get a flu test |
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Visit www.FluSupplyNews.com to find a clinic and learn more.





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85% of Americans, including many healthy adults, are recommended to receive the flu vaccine each year.

- Influenza leads to 200,000 hospitalizations and 36,000 deaths every year.
- Flu vaccination should begin as soon as vaccine is available and continue throughout January, February and beyond.
- Annual vaccination protects against getting the flu and can make the illness milder if it is contracted.

Source: U.S. Centers for Disease Control and Prevention

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